



HEAL YOUR SELF AND YOUR FAMILY WITH REIKI

Beginning mental, emotional, physical and spiritual
healing with Reiki.

By Gouthum Karadi



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Foreword

As all Reikimasters, I must begin this book with the story of Mikao Usui as taught to me by my first initiator, Kimie Goto. I do not promise an exact telling, but more of a retelling of the myth as it has grown. Any seeker after the tools of Reiki ought to do their own research. Yet like all metaphysical truths this individual will find more of a myth supported by historical fact rather than a dry textbook.

Mikao Usui's school, my primary initiation, hails from Japan. Rather than use the words, allegedly, supposedly, reportedly, etc, I will begin the tale now as if fact. Please make your own assessments. Most importantly I ask though, that you show respect to yourself and others by listening.

Thank you,
Gouthum Karadi

BOOK SAMPLER

Summary

I hope you have enjoyed this eBook introducing the key concepts of Reiki, or healing energy. Please learn as much as you can that enables you to bring it further into your life and that of your family and community. My most important admonition is that you live your truth in your own daily life. The greatest teacher is a good example.

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